

Wanuskewin Heritage Park will be selecting a group of community learners to participate in a series of **Revitalizing Indigenous Agriculture**: **Food and Plants as Medicine** workshops that embody ceremonial protocols and teachings of planting and nurturing seeds.

Our project goal is to create a community of Indigenous growers who are dedicated to reclaiming Indigenous Food Systems through revitalizing harvesting and gardening traditions related to Indigenous food sovereignty and security. Workshops are intended to educate and increase the capacity of community members to grow and use their knowledge gained to strengthen traditional practices of gardening and harvesting.

Each workshop will be guided by an Indigenous Knowledge Keeper and will cover at least one topic regarding Indigenous planting and cultivation through the participation of building Wanuskewin's Organic Garden:

1) Understanding our Sacred Covenants with Creation: Land, Plants and Animals

Norma and Victor Rabbitskin: Balancing the Masculine and Feminine Pipe Ceremony Willie Ermine: Sharing of Nehiyawak Creation Story, Engaging our Plant Relatives and building relationships through Traditional Protocols and Songs

Joe Munroe: Reclaiming and Revitalizing Our Indigenous Growing Systems

- 2) Indigenous Pollinator Gardens: Elizabeth Bekolay Did you know that there are over 250 species of Indigenous bees in Saskatchewan? Did you know that some of our butterflies favor indigenous grasses as their host plants? Join us at Wanuskewin to learn about Indigenous plants that support pollinator species like birds, butterflies and bees. This is a hands-on learning opportunity with the goal of creating a pollinator garden with three categories of plants: Sacred, Medicinal, and Ecosystem support.
- 3) **Preparing the Womb:** PermaBlitz- Sask. Permaculture Institute facilitates an organized gathering of community members with the intention of transforming Wanuskewin into a productive ecosystem through Permaculture design.
- 4) Three Sisters: Planting the Corn, Beans, and Squash as Medicine: Terry Lynn, Sera:sera, from Six Nations, will lead participants through an experience which introduces the power behind the planting of the Three Sisters: corn, beans and squash. These plants and their interconnection teach us about the sacred relationship we have with the universe, how we relate to all of its entities. We will learn the story of the Three Sisters and the reasons behind its ancient indigenous permaculture planting technique.
- 5) **Muskoday Organic Growers Inc.** Harvey Knight and Joe Munroe- Sharing Indigenous growing methods for soil, watering, pests and maintaining the garden
- 6) **Building a Sask. Traditional Seed Keeper Alliance through Stewardship-** Through a collaborative effort, the White Earth Land Recovery Project's 'Upper Midwest Indigenous Seed Keeper Network' and Rowen White with Sierra Seeds, joins us for an intensive 2 Day Train the Trainers Seed Saving Workshop. Participants will learn seed saving techniques and how to grow out indigenous seed varieties from experienced seed keepers. The workshop goal is to educate and build capacity for sustainable farmers and gardeners through sharing the importance of seed saving and creating a holistic gardening practices.



Wanuskewin Organic Garden Timeline (Program is subject to change)

\$ 125 Registration fees covers lunch during the full day sessions.

Deadline to apply is April 23<sup>rd</sup> and decision of selected candidates will be delivered on Friday April 24<sup>th</sup> 2015.

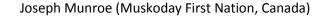
	Workshop	Date	Facilitator-Knowledge Keeper
1	Wanuskewin's Organic Garden Ceremony-	Sunday April 26 <sup>th</sup>	Willie Ermine
	·		Plant protocols and song
			Norma and Victor Rabbitskin
			Balancing the Masculine and Feminine Pipe ceremony
			Joe Munroe
			Reclaiming Indigenous growing systems and Sustainability
2	Indigenous Pollinator Garden	Sat. May 23 <sup>rd</sup> /15	Elizabeth Bekolay
	Dawn a Ditta	June 6 <sup>th</sup> 2015	Permaculture Research Institute of
3	PermaBlitz	June 6 2015	Saskatchewan
4	Planting Corn, Beans and Squash	After June 6 <sup>th</sup>	Terry Lynn Brant
5	Muskoday Organic Growing- Sharing Indigenous growing	June - July	Harvey Knight
	methods		Joe Munroe
6	Seed Savers Workshop	September	Zachary Paige
			Seed Savers Alliance
	Upper Midwest Seed Savers Alliance		Rowen White- Sierra Seeds
7	Circle discussion with Participants to review and share the growing season		

<sup>&</sup>quot;Ceremony increases one's knowledge and understanding of self, as well as one's place and belonging in the world."- Louise Halfe-

<sup>\*\*</sup> Spaces are limited so please register early.

## Revitalizing Indigenous Agriculture Project Facilitators:





Previously the Canadian Prairies First Nations Field Coordinator for Heifer International

Supported Muskoday Organic Growers Co-operative



Willie J. Ermine, (M.Ed) Assistant Professor with the First Nations University of Canada. Willie is from the Sturgeon Lake First Nation in the north central part of Saskatchewan. As a faculty member with the First Nations University of Canada, Willie lectures in the areas of humanities, indigenous studies, education, and research methods.



Harvey Knight, Muskoday First Nation, Canada

President, Muskoday Organic Growers Co-op (MOGC), MOGC's aim is to explore, reclaim and revitalize the community's Indigenous heritage in the production of Indigenous food crops and creating a culturally and economically sustainable community.



Terrylynn "Sera:sera" Brant B.A., B.Ed, MSci. (Sera:sera is a traditional Mohawk name which means Meadowlark)
Sera:sera is a member of the Mohawk Nation, Turtle Clan who resides on the Six Nations Reserve near Brantford Ontario.



**Zachary Paige** 

Farm manager for White Earth Land Recovery Project and Seed Library Coordinator

Program coordinator of the 'Upper Midwest Indigenous Seed Keeper Network'



Rowen White, Mohawk
Sierra Seeds
Nevada City, California
Rowen White shares the blessing of seed stories from her
Mohawk community and her own impassioned and
inspiring work as a farmer and steward of seeds - of our
living, breathing relatives.



Elizabeth Bekolay Plant and Landscape Ecologist Wanuskewin Heritage Park, Saskatoon, Sk.



Glenda Abbott, Nehiyaw (Plains Cree) from Pelican Lake First Nation Revitalizing Indigenous Agriculture Project Coordinator Visitor Services Manager Wanuskewin Heritage Park

Volunteer Permaculture Specialists:

Permaculture Research Institute of Saskatchewan: <a href="http://permasask.ca/permablitz/">http://permasask.ca/permablitz/</a>

Special Acknowledgement to Norma and Victor Rabbitskin who will provide the Ceremonial Masculine and Feminine balancing for the Revitalizing Indigenous Agriculture project.



## Please return complete application to: Glenda Abbott

Re: Revitalizing Indigenous Agriculture Project Phone: 306-649-1704

Phone: 306-649-1704 Fax: 306-931-4522

Email: glenda.abbott@wanuskewin.com

## Revitalizing Indigenous Agriculture: Food and Plants as Medicine Registration Form:

Date:					
Last Name:		First Name:			
Street Address:		Phone:			
City:	_Province:	_Email:			
Aboriginal Ancestry:First Nation/Metis Community affiliation:					
Organization/Institution:					
How did you hear about this Program?					
Do you require a scholarship or reduced fee to attend? Y or N					
Low Income Student	Single Parent Family	Other:			
Please respond to the following Questions:					
1) Please describe your experience with food systems or gardening:					
2) What do you hope to gain from this course?					
2) How do you plan an continuing to use the knowledge way said from this serves 2					
3) How do you plan on continuing to use the knowledge you gain from this course?					
1) Are you able to commit to the	na coursa raquirament o	f a minimum of 2 valunteer hours per week in			
4) Are you able to commit to the course requirement of a minimum of 2 volunteer hours per week in July and August and attendance to each workshop? If not, please list the workshops you are unable to					
attend.					